

VATA Annual Meeting & Symposium
January 15-17 2010
Omni Hotel Charlottesville, VA

Registration Times:

Friday 4:00-7:00 PM Student Registration 3-4pm

Saturday 7:30-10:00 AM & 1:00-3:00 PM

Anticipated Number of CEUs = 12

Friday, January 15th

1-3pm Executive Council Meeting (*Ashlawn*)

4-5:30pm Student Session I (Barb Long) (*James Monroe*)

4-4:45

4:45-5:30

4-6pm CPR Workshop (additional fee and registration required) (*Lewis-Clarke*)
Emily Evans, Lynchburg College

Exhibit Hall 5-6 pm (*Salon A*) Light Refreshments and Snacks

Poster Presentations 5-6pm—Pre-Function Area/Salon A-Solicited from Members

Opening General Session I- Hip Injuries in Athletics (*Salon B&C*)

Moderator—Tom Kuster-VATA President-Elect

6:00pm Welcome (*Salon B&C*)
Tom Kuster, VATA President-Elect

6:10-6:30pm Functional Anatomy of the Hip as it relates to Differential Diagnoses (Jeff Konin, PhD, PT, ATC)

6:30-7:10pm Femoroacetabular Impingement (FAI)-Clinical Presentation and Diagnosis (William Jiranek, MD)

7:10-7:50pm Labral tears and Hip Arthroscopy (Tim Johnson, MD)

Saturday, January 16th

7:00-8:00am Past Presidents Breakfast (*Highlands*)

Exhibit Hall-Salon A 8:00am-3pm

General Session II-Primary Care Sports Medicine (*Salon B&C*)

Moderator—???

8:00-9:30am

8-8:30am— When is a Headache not Just a Headache? (Doug Gregory, MD)

8:30-9:00am— ADHD Medications Use and Abuse: Implications for the HS and Collegiate Athlete (John MacKnight, MD)

9:00-9:30am— Sickle Cell Issues... Detection and Identification, a review of the NATA guidelines and the challenges ahead. (Kent Diduch, MD)

BREAK-VISIT EXHIBIT HALL (Salon A)

Student Session II (*James Monroe*)

8:45-9:30am Student Session

General Session III Orthopedic Sports Medicine Update (*Salon B&C*)

9:40-10:50am

9:40-10:00 Musculoskeletal Radiology-MRI of the Knee (Mark Anderson, MD)

10:00-10:20 ACL Surgery (Mark Miller, MD)

10:20-10:40 When to Operate on Patellofemoral Problems...If ever?? (David Diduch, MD)

10:40-10:50 Questions

Concurrent Lectures (Lewis-Clarke)

8:00-8:45 Fewer Aged Female Athletic Trainers: Considering the Consequences of this NATA Demographic (Sharon Rogers, PhD, ATC)

8:50-9:35 From Bedside to the Table Side: Primacy of the Patient in Athletic Training Practice (Amanda Caswell, PhD, ATC)

9:40-10:25 Cultivating the Clinical Culture—A mantra for Patient Care (Cailee Welch, MSED, ATC)

BREAK-VISIT EXHIBIT HALL (Salon A)

11-12:30pm **VATA Business Meeting** (*Salon C*)
Meg Thompson, VATA President

12:30-1:30pm **Complimentary Lunch with Exhibitors and Hall of Fame Induction**
(*Salon A&B*)

Student Session III (*James Monroe*)

Moderator—Barbara Long Education Chair/Connie Peterson

1:45-4pm Student Presentations

Concurrent Sessions-

(*Salon C*)

1:40-2:25pm---Lower Extremity Stress Fracture: Development, Recognition, Management (Bob Wilder, MD)

(*Lewis and Clark*)

1:40-2:25pm— Role of Gait and Balance in Ankle Instability. (Jay Hertel, PhD, ATC, FNATA)

(*Ashlawn Highlands*)

1:40-2:25pm Pulmonary and Respiratory Infections in Athletes (Tom Howard, MD)

Workshop Session I

2:30-3:30pm (*Lewis-Clark*)- Emerging Practices in Athletic Training...A Primer (Nancy Burke, ATC)

(*Ashlawn-Highland-*) General Medical Evaluation (Tom Howard,MD)

(*Salon C*)— Introduction to Diagnostic Musculoskeletal Ultrasound (Jeff Konin, PhD,ATC, PT)

Workshop Session II

3:40-4:40pm (*Lewis-Clark*) Neurophysiologic and Clinical Aspects of Balance Testing and Training (Kyung-Min Kim, MS, ATC)

(*Ashlawn-Highlands*)— Clinical Challenges: Nonoperative vs Operative Management

1. GameKeeper's Thumb—(Josh Nelson, MD)
2. Jones' Fractures—(John Minnich, MD)

(*Salon C*)—Functional Relationships between the Hip and Pelvic Girdle and the Hip and Knee (Rose Schmieg, DHSc, ATC, PT, CSCS, John Hunt, DPT, ATC, PT, CSCS)

Workshop Session III

4:45-5:45pm (*Lewis-Clark*)— Clinical Applications of modalities to combat arthrogenic muscle inhibition (Joe Hart, PhD, ATC)

(*Ashlawn-Highlands*)— Platelet Rich Plasma (PRP) Therapy for Musculoskeletal Injuries (Gerald R. Weniger, MEd, MPAS, ATC, PA-C)

(Salon C)-- Red Cord Therapy. (Blain Harrison, MEd, ATC, CSCS)

Student Session IV (*James Monroe*)

Moderator

4:00-4:30pm Barb topics??

4:30-5:00pm Barb topics??

6:30pm *3rd Annual Athletic Training Student Quiz Bowl (Salon C) Meg Thompson*

Sunday, January 17th

8:00-8:50am Special Interest Group Roundtables

-Secondary School Athletic Trainers(*Ashlawn-Highlands*) *John Reynolds*

-Athletic Training Educators (*Salon A/B West*) *Barbara Long*

-College/University Athletic Trainers (*James Monroe*) *Jeff Boyer*

-Clinical and Emerging Practices (*Lewis-Clark*)-*Kim Coronel*

Lab—(*Salon B&C East*)

9:00-10:00am— Functional Screening Tools for the Clinician (Nicole Cosby, MA, ATC, Lisa Chinn, MS, ATC)

Lab—(*Salon A&B West*)

9:00-10:00am— Red Cord Lab (Blain Harrison, Med, ATC, CSCS)

Lab (*James Monroe*)

9:00-10:00am Evidence-Based Rehabilitation Techniques for Patellofemoral Pain Syndrome (Kim Coronel, MS, ATC)

Clinical Case Studies (*Lewis-Clarke*)

9-11am 9:00-9:15 Clinical Course of Posterior Thigh Pain in a Recreational Marathon Runner, (Kevin Cross)

9:20-9:35 John Kaltenborn

9:40-9:55 Lisa Friesen

10:00-10:15

10:20-10:35

Lab (*Salon B&C East*)

10:15-11:15am Functional Evaluations and Interventions for the Hip Joint Lab (Rose Schmiege, DHSc, ATC, PT, CSCS, John Hunt, DPT, ATC, PT, CSCS)

Lab (*Salon A&B West*)

10:15-11:15am How to get “SMART” with your local medical community; an interactive instructional Workshop (Steve Cole, MEd, ATC, CSCS, Andy Carter, ATC, Mike Petrizzi, MD)

