



Fall 2003

Purpose of VATA

The Virginia Athletic Trainers' Association is the state organization dedicated to the advancement, encouragement and improvement of the athletic training profession. Improving the health care of athletes throughout the Commonwealth is the purpose and goal of the members of the VATA. The Association has implemented a registry in cooperation with the Medical Society of Virginia and continues to strive for professional programs and education to ensure that its membership maintains a high degree of competency.

Address or Email Change?

To those members who have moved, we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section www.nata.org/members1/members.cfm to update. Please be assured your information will not be given away. It will only be used for NATA membership communication.

In addition, please send your updated contact information to the VATA Membership Chair, Debbie Bradney, at bradney@lynchburg.edu.

Thank you, VATA Executive Council

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VIRGINIA AT*Chronicle*

VATA On-Line

The Official Newsletter of the Virginia Athletic Trainers' Association



*Tim Laurent, ATC
VATA President*

VATA President's Message

Change is one of the constants in the lives of athletic trainers. Our daily schedule is often changed as a coach decides to alter practice. Our daily plan is often disrupted by an athlete coming to see us with an injury. Depending on the injury we may have to put things on hold while we arrange for this athlete to see the physician. Athletic trainers are masters at adapting to change because we are rarely in a position to control the events of our day.

The VATA is adding additional changes to the athletic trainers in the Commonwealth. We hope these changes are all positive but we realize that any change causes us to have to adjust in some way. One change for the VATA membership is this newsletter. The Virginia AT *Chronicle* is now an electronic newsletter. For those of you who received this newsletter electronically, you do not have to do anything more. For those of you who received this newsletter via mail, you need to know that the VATA does not have your current email address. Please update your email with both the NATA and the VATA. See the sidebar of this page. This small adjustment now will facilitate communication in the future. A second change is adjustments to the VATA Constitution and Bylaws. This process has been taking place over the past two years. We now think we have the Constitution and Bylaws written in such a way as to reflect the will of the membership and the practice of the VATA. See below for a broad overview but also visit the VATA web page to view the entire VATA Constitution and Bylaws.

Stay well, keep your athletes healthy and continue to do what you do so well – adapt to the changes that are part of your daily life as an athletic trainer. Adapting to change allows you to be successful in the very demanding and rewarding profession of athletic training.

Constitution and Bylaws

We will be voting on Constitution and Bylaws changes in January at our Annual Meeting and Symposium. The major changes are:

1. Bylaws Article 1, Section 3 to read that only STATE CERTIFIED members may hold office. State certified refers to those athletic trainers who have applied for and received certification from the Commonwealth of Virginia.
2. Some counties will be up for re-districting with regards to regional representation. The diagrams of regions will be present at the January Meeting and Symposium.

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Legislative Committee Report

As part of the Board of Medicine, Virginia has an Athletic Training Advisory Board that assists in matters dealing with Athletic Trainers in the Commonwealth. The Board of Health Professions periodically brings to the Advisory Board issues and laws that have been passed in the past General Assembly Session that may have an impact on Athletic Trainers. During the past session, two laws were amended that were brought to the Advisory Board's attention as having a potential impact on Athletic Training. These issues were amendments to the Drug Control Act.

In the past year Physical Therapists had the Drug Control Act changed to allow them to possess and administer topical corticosteroids, topical lidocaine and other Schedule VI topical drugs. It was the opinion of the Advisory Board on Athletic Training that State Certified Athletic Trainers do use and possess these medications and should be included in the law. The Drug Control Act was further changed to allow Emergency Medical Service Technicians to possess and administer epinephrine in emergency cases. It was also deemed important to the Advisory Board on Athletic Training that Athletic Trainers do possess and assist in the administration of Epinephrine in cases of anaphylactic shock and should be included in this section of the law. The Advisory Board brought these issues to the Board of Medicine. The Board of Medicine will support measures brought before the legislature in support of changing these laws to reflect the inclusion of Athletic Trainers.

Also, a discussion and presentation on the need to pursue Licensure versus the current system of Certification will be discussed. The membership will have an opportunity to vote on this issue. These are important issues that require all members input and attendance at the business meeting. The topics will also be discussed at length during a session moderated by David Pawlowski and the Legislative Committee on Saturday at the Annual Conference. It is important that you mark your calendars to attend. If you have any questions or concerns, you can reach the legislative chair of the VATA at dpawlowski@specialolympicsva.org.



2003 VATA Scholarship Winners

The VATA is proud to announce the winners of the 2003 VATA Scholarship. These awards go to high school seniors who plan pursue a college degree in athletic training.



Winner of the \$1,000 scholarship is **Mark Dutton** is from Mathews HS in Mathews, VA. Debbie Holaday was his sponsor. Mark is enrolled at James Madison University.

Runner-up **Kristi Harris** was awarded the \$500 scholarship. Kristi graduated from Lee-Davis HS in Mechanicsville, VA, and is enrolled at Longwood University. Her sponsor was Nancy Thomas, ATC.



VATA Districts - Redrawn

The current VATA districts, geographically, do not make sense. A new map with proposed districts will be posted on VATA website soon. This issue of redistricting will be voted on at the January VATA business meeting.



Public Relations Committee Report

Planning and preparations are underway for the 2004 VATA Annual Meeting and Symposium. We are looking forward to a great meeting and seeing all of you there.

We are seeking exhibitors for the VATA Annual Meeting and Symposium January 9-11, 2004. If you know of anyone who may be interested in being an exhibitor please contact Chase Hale.

The 2004 NATA Honors and Awards nomination forms are now online at www.nata.org in the Members Only section. The nomination forms and process have been modified to make the nomination process much easier. You can nominate individuals for the following awards: Hall of Fame, Most Distinguished Athletic Trainer, Athletic Trainer Service Award, President's Challenge, Honorary Membership, and the Bill Chisholm Ethnic Diversity Award. Nomination deadlines are at the beginning of January.

The public relation display boards are available for everyone's use for health fairs, professional meetings, career fairs, etc. If you are interested in using the boards please contact Chase Hale.

STATE NEWS

Scott Powers (RMH Rehabilitation Services) is traveling with the USA Senior Men's Greco-Roman Wrestling Team to Almaty, Kazakhstan in October. Their team, consisting of former and future Olympians, will be competing in the World Cup Championships.

Prior to the beginning of this year's high school and college football seasons Ian Rogal (Health South/Charlottesville High School) was interviewed for an article in the Charlottesville Daily Progress titled "Local Kids Try To Beat Heat". In addition, Ian and Ethan Saliba (University of Virginia) were interviewed on WINA radio regarding heat and hydration issues in sports.

Please report any exciting or interesting stories/events about a VATA member involved in advancing the profession of Athletic Training to Chase Hale.

NATA Honors & Awards Program

The awards nomination process has changed this year. It's now done completely online and the nominee will be asked to complete his or her nomination form. We hope this will make the process easier and improve the accuracy of the nomination process. **Nominations are due by January 5, 2004.** Click [HERE](#) for more information about each of the awards.

You, the nominator, are being asked to simply provide the NATA with your name and e-mail address, the name and e-mail address of the individual you are nominating and the award for which you are nominating him/her. Once you do this, you'll receive an E-mail with specific instructions regarding your task in this process. The nominee will then be asked to follow a link to fill out an on-line nomination form. The NATA is confident this will ensure better accuracy and completeness on the forms.

Thanks for your interest in participating in this process! If you have any questions, please contact Rich Rogers at 800-879-6282, ext. 103 or via e-mail at richr@nata.org. Click [HERE](#) to link to the form.

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Did You Know?

Your NATA Membership card also serves as your VATA membership card. Cards can be printed on-line at: www.nata.org

VATA Annual Meeting and Symposium
January 9TH & 10TH, 2004 Williamsburg, VA

Friday January 9, 2003

Westminster A & B

6:00 – 8:00

Scapular Dyskinesia and the Throwing Athlete
Rose Schmieg, ATC, MSPT, OCS, CSCS
Michael Augustine, ATC, MPT
Shenandoah University Division of Athletic Training

6:00 – 8:00

Heartsaver AED Recertification (CPR & AED)
Emily Wallin MS ATC EMT
Lynchburg College

8:15 – 10:00

Reception

Saturday January 10, 2003

Westminster A & B

8:00 – 9:00

VATA Business Meeting

9:00 – 10:00

Obstacles to Motivation in Rehab
Bob Reese MA , ATC- College of Health Sciences

10:00 – 11:00

History of the VATA
Pat Aronson MEd, ATC, PTA – UVa & Lynchburg College

11:00 – 12:00

Round Table on Legal Issues & Concerns
Dave Pawlowski ATC- Special Olympics Virginia

Berkeley

9:00 – 12:00

Student Program

12:00 – 1:00

Lunch

Westminster A

1:00 – 2:20

Case Presentations

National Accreditation for Traditional Athletic Training Settings

Mike Goforth ATC – Virginia Tech

Post Arthroscopic Acetabular Labrum Repair

Chad Taylor MSPT, ATC, CSCS
Sports and Occupational Rehab Center

Acute Alveoli Rupture in a College Soccer Player

Corey Hannah MS, ATC – Lynchburg College

Celiac Disease

Leigh Ann Adams MS, ATC, CSCS – Emory & Henry College

Westminster A

Concurrent Session A

2:20 – 3:00

Baseline Balance Assessment
Tim Laurent EDD, ATC, CSCS
Lynchburg College
Emily Wallin MS, ATC, EMT – Lynchburg College

3:00 – 4:00

Balance Training to Improve Stability
Scott E. Ross, PhD, ATC
Virginia Commonwealth University

4:00 – 5:00

The Throwing Elbow: Ulnar Collateral Ligament Injury, Rehabilitation, and Repair
Brian A. McGuire MEd, ATC, PT - University of Virginia

Westminster B

Concurrent Session B

2:20 – 3:10

The Athletic Training Profession: Evolution and Future Trends
Angela Mickle PhD, ATC - Radford University

3:10 – 4:00

Sacroiliac Dysfunctions in the High School Athlete
Angela T. Caparso ATC PT - Patriot Sportsmedicine,
Fairfax County Public Schools

4:00 – 5:00

Graduates of Accredited Graduate Athletic Training Program: Salary and Job Placement Characteristics
Graduate Athletic Training Program Satisfaction
Amy Hayslett ATC - Maury High School
Matthew Syno ATC - Old Dominion University
Jacqueline Gaida ATC – Old Dominion University

Hope to see you there!
Registration form on
following page.

Register Now!

VATA Conference Registration
January 9th & 10th, 2004
Williamsburg Hospitality House
Williamsburg, VA



Name: _____

Address: _____

Affiliation: _____

Work Address: _____

NATA Membership # (certified or student) _____

_____ I am a member of the VATA

Home Phone () _____ Work Phone () _____

Registration Fee (Place X in appropriate box)

- | | | | | |
|---|------------|---|--|----------|
| <input type="checkbox"/> Certified Member | \$ 15.00 | *Additional Workshop (Optional - See below)
(Place X in box) | <input type="checkbox"/> Re-certification for Heartsaver AED | \$ 10.00 |
| <input type="checkbox"/> Certified Non-Member | 45.00 | | | |
| <input type="checkbox"/> Non-Certified Member | 45.00 | | | |
| <input type="checkbox"/> Student VATA Member | 15.00 | | | |
| <input type="checkbox"/> Student Non-Member | 20.00 | | | |
| <input type="checkbox"/> Speaker | Fee waived | | | |

Registration Fee \$ _____

Workshop Fee (if applicable) \$ _____

Total check amount: \$ _____

Make checks payable to: Virginia Athletic Trainers' Association
Send this form and your registration fee to:
Cheryl Willey
Roanoke College – Bast Gymnasium
Salem, VA 24153 Phone (540) 375-2033
If a receipt is needed, please request one at check-in.

*A complete conference program may be accessed on the VATA web page. The workshop listed below will be offered in addition to the main program. **ENROLLMENT IS LIMITED FOR THIS WORKSHOP AND PRE-REGISTRATION IS REQUIRED. MARK THE APPROPRIATE BOX ABOVE TO REGISTER.**

Friday, January 9th from 6:00-8:00pm:

Re-certification for "Heartsaver AED" (AHA Adult CPR and AED)

There is an additional fee of \$10 for this workshop. This workshop will be limited to about 20 people, or as space and resources permit. Attendees do not need to hold certification in AED to attend. Please refer to the conference program for further clarification.



THE WILLIAMSBURG HOSPITALITY HOUSE



Telephone (757) 229-4020 Fax (757) 229-0731

The Williamsburg Hospitality House is pleased to have been chosen for your upcoming visit. Our staff looks forward to serving you. For your convenience, please find below, directions to *THE WILLIAMSBURG HOSPITALITY HOUSE*:

Directions from Richmond

Take Interstate 64 East

Directions from Newport News and Norfolk

Take Interstate 64 West

Then

Take Exit 238 and follow signs to Colonial Williamsburg
Turn right on 132 (**not 132Y**), Proceed straight through traffic light
After crossing railroad tracks, go through the traffic light and take the next right on Scotland Street
At Richmond Road, *THE HOSPITALITY HOUSE* will be on the right.

In making your reservation we request that you either (1) enclose a check or money order covering the first night's stay or (2) send us the entire number of your credit card. Deposits will be refunded only if cancellation notification is given more than seventy-two (72) hours prior to arrival.



GROUP #5048

VIRGINIA ATHLETIC TRAINERS' ASSOCIATION

JANUARY 9TH & 10TH, 2004

\$69.00 SINGLE OR DOUBLE ACCOMMODATION

CUTOFF DATE: DECEMBER 9, 2003

Please note: The above special rates will be honored two days prior and two days after the reserved dates, based upon availability.

Name (print) _____ Phone # _____

If sharing room, please list roommates

Address _____

City _____ State _____ Zip Code _____

For Arrival on _____ Departure on _____

Check or money order enclosed Visa Discover
 American Express Master Card Diners Club Amount \$ _____

I authorize the Williamsburg Hospitality House to charge my account for one night's deposit and all applicable taxes.

Credit Card Number _____ Expiration Date _____

Signature _____

Check-in time is 3:00 PM. Check-out time is 11:00 am. Reservations requested beyond the cut-off date are subject to availability.

Please return this form to:
The Williamsburg Hospitality House
415 Richmond Road Williamsburg, Virginia 23185
Attention: Reservations Department or call (800) 932-9192

Reimbursement for Travel Expenses

The VATA EC has discussed the adoption of a policy that would allow for three categories of travel expense reimbursement.

- (1) Travel Expenses to fall and spring VATA Executive Committee meetings
 - a. For all members of the Executive Committee, VATA Committee Chairs, and Region Representatives
 - b. rate of \$0.30/mile
- (2) Travel Expenses for Annual VATA Symposium speakers
 - a. Waiver of registration fee for all speakers
 - b. \$50 per diem for those speakers who are not members of the VATA.
- (3) Travel Expenses to represent the VATA
 - a. Executive Committee members or appointed VATA member who is traveling for the express purpose of representing the VATA
 - b. Requires VATA Executive Committee approval
 - c. Expenses for travel must be requested and approved in advance

This policy will be brought to the membership and voted on during the VATA Business Meeting at the Annual Symposium in January.

VHSL Mandates Wrestling Weight Control Program, Certified Measurers Needed

The Virginia High School has implemented a Wrestling Weight Control Program that establishes criteria for minimum weight class certification. This program requires a VHSL-certified measurer to weigh each wrestler at the beginning of the wrestling season. The certified measurer then uses a standardized formula to determine the minimum weight class in which an athlete may wrestle. The requirements for becoming a VHSL-certified measurer are:

- Be a Health Professional (MD, DO, DC, RN, LPN, NP, PT, RD, ATC, PA)
- Completion of a VHSL sponsored educational workshop
- Documentation of experience by performing a minimum number of skin tests and urine specific gravity tests
- Passing an examination on the program
- Periodic re-certification of these measurers will be required.

For more information and for a listing of upcoming Certified Measurer Workshops, please visit the VHSL Sports Medicine page at www.vhsl.org/medicine.htm

Seeking Convention Committee Members

The VATA is establishing a Convention Committee. The purpose of this committee will be to assist with planning and coordination of the Annual VATA Symposium. As this meeting continues to gain popularity, there is an increasing need for guidance and leadership in hosting such an event. If you are interested, please contact Tim Laurent laurent@lynchburg.edu.

Corporate Sponsors

The VATA would like to thank the following companies for their continued support of our organization.

**Atlantic
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Mr. Jim Reek



VIRGINIA ATC*hronicle* is a publication of the *Virginia Athletic Trainers' Association*.

If you have questions regarding this publication, please contact the VIRGINIA ATC*hronicle* Editor and VATA Secretary:

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Please visit the VATA web site. [Click Here](#)

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