



*Fall 2004*

### About the VATA

The purpose of the VATA is to meet the following objectives:

- To advance, encourage, and improve of the athletic training profession, in all its phases.
- To encourage better working relationships among all persons interested in the health and well-being of athletes.
- To encourage the continued professional development of each of its members.
- To serve the common interest of its members by providing a free exchange of ideas within the profession.
- To promote athletic training programs throughout Virginia.

### Address or Email Change?

To those members who have moved, we need your help. Your corrected contact information is requested. Please go to the NATA website "Members Only" section [www.nata.org/members1/members.cfm](http://www.nata.org/members1/members.cfm) to update. Please be assured your information will not be given away. It will only be used for NATA membership communication.

In addition, please send your updated contact information to the VATA Membership Chair, Debbie Bradney, at [bradney@lynchburg.edu](mailto:bradney@lynchburg.edu).

*Thank you, VATA Executive Council*

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# VIRGINIA ATChronicle

[www.vata.us](http://www.vata.us)

The Official Newsletter of the Virginia Athletic Trainers' Association



*Tim Laurent, ATC  
VATA President*

## VATA President's Message

I hope your fall has been a good one. Congratulations to the VATA members for successfully changing the Athletic Training law from certification to licensure. On paper this was not a big change. The certification law went a long way toward both task and title protection. But the change to licensure was very important to the status of the profession of Athletic Training. Our legal status has been elevated. Licensure is more appropriate for who we are and what we do.

Please remember that responsibility is the burden of rights. We wanted the rights that are attributed to licensure now we must assume the responsibility of a licensed profession. The Athletic Training Advisory Board with the Department of Health Professions is working on defining our responsibilities by developing a code of conduct. This will provide Virginia ATCs with some direction as to how we are to conduct ourselves. I also want to remind the VATA members of other equally important documents that help define our professional responsibilities:

1. Virginia Athletic Training Law
2. NATA Code of Ethics
3. BOC Standards of Practice
4. Policies and Procedures of your employer
5. Position description for your job.

Make sure you are familiar with the requirements of each of these documents. In daily practice you may not think a great deal about these documents but legally these documents are very important. What you do should match what these documents say you should do.

Another responsibility we all have is educating those around us about the legal requirements of Athletic Trainers. I have been impressed with the number of Athletic Trainers who have contacted me with questions about licensure. Most of these Athletic Trainers were new to the state and wanted to know how to get licensed. Way to go to all of you who took the initiative to find out what you needed to do to stay in good standing with Virginia. There are likely others out there who did not contact me, so please help them as you can. The VATA is attempting to assist the ATC who is new to Virginia by including pertinent information on the web page. This should help. For those of you who move outside Virginia remember it is your responsibility to be aware of the laws and procedures in your new state.

I wish you all continued success. Thank you for what you do as an athletic trainer. By your professional behavior you benefit your employer, your patients, your profession and yourself. Keep up the good work. I hope to see you all in Williamsburg for the 2005 VATA Business Meeting and Symposium.

*Tim*

## Conference Committee Report

### ANNUAL MEETING AND SYMPOSIUM JANUARY 2006

The site selection committee has reviewed numerous sites to host the Annual Meeting and Symposium in January 2006. We have selected 2 sites to present to the membership. The Hotels differ in 2 ways (besides location) that the membership should be made aware. One is the room rate and other is the guarantee. The guarantee means the VATA will guarantee the Hotel that a required number of rooms will be sold. If that requirement is not met, the Hotel will charge the VATA a higher fee for the meeting room space.

- Hospitality House, Williamsburg \$72.00 Single or Double Accommodations, with a guarantee of 30 rooms Friday and 15 rooms on Saturday
- Omni Hotel, Charlottesville \$79.00 Single or Double Accommodations, with a guarantee of 60 rooms Friday and 30 rooms on Saturday

Each hotel will be a wonderful place to host our meeting; we are asking the membership to choose where the 2006 meeting will be held. We will have a vote during the Business Meeting on January 15, 2005.



## VATA Scholarship Committee

Members: Terry Zablocki , Chair  
Jon Almquist  
Tim Laurent  
Scott Powers  
Chris Smith



Kara Seed



Erin McNett

The Virginia Athletic Trainers' Association has established a scholarship award which is presented to a graduating high school senior who has indicated an interest in pursuing a career in the Allied Health Profession of Athletic Training.

The amount is a one-time award of **\$1,000** for the winner and **\$500** for the runner-up. A candidate for this award must be a high school senior who has been accepted into a college or university that has an accredited Athletic Training program and has indicated an intent to continue educational preparation toward becoming a Certified Athletic Trainer.

The total number of complete applications for 2004 was 17. Kara Seed from Western Branch HS was chosen as the winner. Her supervising ATC was Dan Cobble and she is now attending Lynchburg College. The runner-up was Erin McNett from Turner Ashby HS. Her supervising ATC was Heather Fincham. Erin is currently attending Longwood University.

Applications for the 2005 award can be found on the web site at [www.vata.us/scholarship/index.htm](http://www.vata.us/scholarship/index.htm). All completed applications must be submitted to Terry Zablocki via hard copy by April 2<sup>nd</sup>.

## VATA Executive Council

### President

Tim Laurent, ATC  
Lynchburg College  
1501 Lakeside Drive  
Lynchburg, VA 24501  
(434) 544-8726  
[laurent@lynchburg.edu](mailto:laurent@lynchburg.edu)

### President Elect

John Reynolds, ATC  
George Marshall HS  
7731 Leesburg Place  
Falls Church VA 22043  
(703) 359-4946  
[john.reynolds@feps.edu](mailto:john.reynolds@feps.edu)

### Secretary

Meg Frederick, ATC  
Longwood University  
Dept. of HRK  
111 Willett  
(434) 395-2839  
[frederickma@longwood.edu](mailto:frederickma@longwood.edu)

### Treasurer

Cheryl Staver, ATC  
Roanoke College  
Bast Gymnasium  
Salem, VA 24153  
(540) 375-2033  
[staver@roanoke.edu](mailto:staver@roanoke.edu)

### State Representatives

#### Region 1

Tim Krassowski, ATC  
(703)426.1176  
[tim.krassowski@feps.edu](mailto:tim.krassowski@feps.edu)

#### Region 2

Mark Brandenburger, ATC  
(804)677-1993  
[brandenburgerm@prodigy.net](mailto:brandenburgerm@prodigy.net)

#### Region 3

Ian Rogol, ATC  
(434)245.2639  
[irogol@aol.com](mailto:irogol@aol.com)

#### Region 4

Renee Cork, ATC  
(757)221-3347  
[racork@wm.edu](mailto:racork@wm.edu)

#### Region 5

Jorena Simpkins, ATC  
(434)332-5171  
[jsimpkins@campbell.k12.va.us](mailto:jsimpkins@campbell.k12.va.us)

#### Region 6

Angela Mickle, ATC  
(540)831-5330  
[ammickle@radford.edu](mailto:ammickle@radford.edu)

## VATA Seeking Nominations

We are currently seeking candidates for two VATA offices: treasurer and secretary. Nominations will be open until the election, which will take place at the Annual Business Meeting on January 15, 2005 in Williamsburg, Virginia. In accordance with the VATA Constitution and Bylaws, candidates for these offices must be (1) a member in good standing of the NATA, (2) certified by the NATABOC and (3) licensed by the Virginia Board of Medicine. Interested individuals should complete the Candidate Application Form, an electronic form that is available on the VATA website. Candidates should submit the completed application ASAP, so that application information can be posted on the website in a timely fashion. This will enable the membership to make an informed decision regarding election of these officers. Contact Tim Laurent ([Laurent@lynchburg.edu](mailto:Laurent@lynchburg.edu)) for more information.

### ■ Job Descriptions

#### Secretary:

- Attend all VATA Executive Committee and membership meetings in order to actively participate in leading and guiding the organization
- Keep minutes of VATA Executive Committee and membership meetings
- Work with VATA webmaster to maintain website
- Work with VATA Executive Committee and Marketsharr, an online publishing company, to publish semi-annual newsletter

#### Treasurer:

- Attend all executive council and membership meetings in order to actively participate in leading and guiding the organization.
- Maintain records for checking and savings accounts, as well as investment accounts.
- Prepare treasurer's reports for annual membership and semiannual executive council meetings.
- Prepare annual letters to the NATA Governmental Affairs requesting reimbursement for legislative efforts.
- Pay monthly lobbyists bills, and all other bills/debts that the VATA incurs.
- Prepare annual financial information and meet with accountant to prepare IRS tax return forms.
- Conduct annual meeting registration duties



## VHSL Wrestling Weight Control Program Information

The VHSL will continue with the mandatory weight control program for wrestling this year. All wrestlers must have their weight assessment completed by a Certified Measurer. ATCs who have been VHSL Certified Measurers must complete an update this year by either attending a workshop or completing the ONLINE Tutorial at [www.vhsl.org](http://www.vhsl.org) Click on the Sports Medicine link, and then click on "Certified Measurers" link. Also, there will be a Regional Testers Workshop will be in Charlottesville on Nov 5th. If you have any questions, please email Jon Almquist at [JLAATC@aol.com](mailto:JLAATC@aol.com).



## VATA Bronze Patron

The VATA would like to thank the following companies for their continued support of our organization.



## VATA

### Committee Chairs

#### Legislative

Dave Pawlowski, ATC  
(804) 346-5544

[dpawlowski@specialolympicsva.org](mailto:dpawlowski@specialolympicsva.org)

#### Public Relations

Chase Hale, ATC  
(540) 828-5763

[chale@bridgewater.edu](mailto:chale@bridgewater.edu)

#### Secondary Schools

Paul Rupp, ATC  
(703) 319-2844

(703) 932-1949

[Paul.Rupp@fcps.edu](mailto:Paul.Rupp@fcps.edu)

#### Membership

Debbie Bradney, ATC  
(434) 544-8522

[bradney@lynchburg.edu](mailto:bradney@lynchburg.edu)

#### Scholarship

Terry Zablocki, ATC  
(757) 628-9189

[tzablocki@nps.k12.va.us](mailto:tzablocki@nps.k12.va.us)

#### Nominations

Tim Laurent, ATC  
(434) 544-8726

[laurent@lynchburg.edu](mailto:laurent@lynchburg.edu)

#### Constitution and Bylaws

Ian Rogol, ATC  
(434)977-5531

[irogol@aol.com](mailto:irogol@aol.com)

#### Ethics

Ethan Saliba, ATC  
(434) 982-5450

[ens@virginia.edu](mailto:ens@virginia.edu)

## Did You Know?

You can register ONLINE for the VATA Conference. [Click here](#) to link to registration form or see form on page 6 of this newsletter.

## Virginia Board of Health Professions Licensure Update:

The Virginia Athletic Training Regulation has recently been amended to include **provisional authorization** for those NATABOC-certified athletic trainers who have (1) completed the application for licensure by Board of Medicine and (2) submitted NATABOC certification verification. The provisional authorization will allow an ATC to work lawfully while awaiting a permanent license. To obtain provisional authorization, the ATC and his/her employer should submit a letter of request to the Board of Medicine. If the request is granted, the Board will provide a letter of provisional authorization stating that the ATC may practice for up to 45 days. The intent of provisional authorization is to provide a means for ATCs to practice legally while pursuing state licensure. Since the licensure process involves extensive paperwork, there is typically a 4-6 week lag time between applying for and receiving a license. Without a provisional authorization to practice issued by the Board of Medicine, it is unlawful for an ATC to practice athletic training in Virginia while their application is being processed. Since far less paperwork is required for provisional authorization, the ATC should be able to complete this process in a much shorter time- typically 3-5 business days after all paperwork has been received. Therefore all ATCs are capable of and should be expected to practice lawfully while awaiting licensure.

The table below contains a comparison of provisional authorization, provisional licensure, and licensure.

	Who Needs This?	Term	ATC Supervision Required?	Time for BOM to Process	Required Paperwork
Provisional License	Non-ATC, eligible for NATABOC exam	1 Year	YES	3-5 Business Days	<ul style="list-style-type: none"> <li>•Proof of professional education</li> <li>•Proof of approval to take NATABOC exam</li> <li>•Completed BOM licensure application</li> <li>•\$130 Licensing Fee</li> </ul>
Provisional Authorization	Non-BOM-licensed ATC	45 Days	NO	3-5 Business Days	<ul style="list-style-type: none"> <li>•NATABOC certification verification</li> <li>•Completed BOM licensure application</li> <li>•Letter of request from applicant</li> <li>•Letter of request from employer</li> <li>•No additional Fee#</li> </ul>
Licensure	ATCs practicing in Virginia	3 Years	N/A	3-5 Business Days*	<ul style="list-style-type: none"> <li>•Completed BOM licensure application</li> <li>•NATABOC certification verification</li> <li>•Proof of professional education</li> <li>•Claims History</li> <li>•Jurisdiction Clearance</li> <li>•Activity Questionnaire</li> <li>•\$130 licensing fee</li> </ul>

\*Once all paperwork has been submitted. Typically the process of gathering this paperwork takes from 4-6 weeks. Hence the need for the provisional authorization.

# No additional charge to obtain a letter of provisional authorization. However, completed BOM application must be accompanied by \$130 licensing fee.



### License Look-up

The VATA urges members to utilize the License Look-up feature on the Virginia Board of Health Professions website. [www2.vipnet.org/dhp/cgi-bin/search\\_publicdb.cgi](http://www2.vipnet.org/dhp/cgi-bin/search_publicdb.cgi). While it is not the role of the VATA to enforce the licensure regulation, there is an obligation for licensed athletic trainers in Virginia to report suspected violators of the athletic training regulation. Reporting unlicensed individuals who are practicing athletic training is essential in order to protect the public and to ensure protection of the athletic trainer title and scope of practice.

VIRGINIA ATC *chronicle* is a publication of the Virginia Athletic Trainers' Association.

If you have questions regarding this publication, please contact the VIRGINIA ATC *chronicle* Editor and VATA Secretary:

**Meg Frederick, ATC** [frederickma@longwood.edu](mailto:frederickma@longwood.edu)

Please visit the VATA web site at [www.vata.us](http://www.vata.us)

Production and design by:  
Sharri H. Jackson [sjackson@indy.rr.com](mailto:sjackson@indy.rr.com)

VATA Annual Meeting and Symposium  
January 14<sup>th</sup> & 15<sup>th</sup>, 2005 Williamsburg, VA



Registration Times:  
Friday, January 14 ~ 4:00 PM - 6:00 PM  
Saturday, January 15 ~ 7:30 AM - 10:00 AM



Friday January 14, 2005

**Westminster B**

6:00 – 6:05

Welcome Tim Laurent ATC

6:05 - 6:50

**Overview of the NATA's Position Statement:  
Management of Sports- Related Concussion** ATC

6:50 - 7:15

**Overview of the NATA Position Statement:  
Management of Sport-related Concussion**  
John Reynolds, ATC

7:15 – 8:00

**The Role of Athlete Hydration Levels on Standard  
Assessment of Concussion (SAC) Scores**  
Chase Hale, ATC and Barbara Long, ATC

**Berkeley**

6:00 – 8:00

**AHA CPR for the Health Care Professional**  
Emily Evans, ATC

8:15 – 10:00

Reception

Saturday, January 15, 2004

**Westminster B**

8:00 – 8:55

**The Medial Collateral Ligament of the Knee, What  
We Do and Do Not Know**  
Patricia Aronson, ATC

8:55 – 9:50

**From the Field to the Operating Room:  
Making the Move from ATC to PA-C**  
Talena Williams ATC, PA-C

9:50 – 10:45

**Evaluation of the Injured Runner**  
Robert Wilder, MD

10:45 – 11:00

Break – Visit Exhibitors

11:00 – 12:00

VATA Business Meeting

12:00 – 1:00

Lunch Break

**Berkeley**

9:00 – 12:00

Student Program

**Westminster B**

1:00 – 2:20

**Case Presentations**  
Tom Kuster ATC  
Breanne Piatt ATC  
Kevin Domboski ATC  
Polly Porter ATC

**Concurrent Session B**

**Westminster B**

2:20 – 3:20

**Current Concepts for Osteoarthritis Treatment of  
the Knee**  
Stephen Saddler MD

3:20 – 4:10

**Teaching High School Sports Medicine Courses  
– A Round Table Discussion**  
Becky Anhold ATC

4:10 – 5:00

**Methicillin Resistance Staphylococcus Aureus  
(MRSA) Colonization in Apparently Healthy  
College Students**  
Barbara Long ATC & Chase Hale ATC

**Concurrent Session A**

**Westminster A**

2:00 – 2:20

**Financial Planning for the Athletic Trainer**  
Steve Consiglio ATC

2:20 – 3:10

**Management of Lateral Ankle Sprains:  
An Evidence-Based Approach**  
Jay Hertel ATC

3:10 – 4:00

**Rehabilitation of Common Running Injuries**  
Robert Wilder MD

Hope to see you there!  
Registration information on next page.

Register Now  
Online!  
Click Here

VATA Conference Registration  
January 14<sup>th</sup> & 15<sup>th</sup>, 2005  
Williamsburg Hospitality House  
Williamsburg, VA



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Work Address: \_\_\_\_\_

NATA Membership # (certified or student) \_\_\_\_\_

\_\_\_\_\_ I am a member of the VATA

Home Phone (    ) \_\_\_\_\_ Work Phone (    ) \_\_\_\_\_

**Registration Fee (Place X in appropriate box)**

- |   |            |  |         |
|---|------------|--|---------|
| <input type="checkbox"/> Certified Member     | \$15.00    | *Additional Workshop (Optional - See below)                  |         |
| <input type="checkbox"/> Certified Non-Member | 45.00      | (Place X in box)   |         |
| <input type="checkbox"/> Non-Certified Member | 45.00      | <input type="checkbox"/> Re-certification for Heartsaver AED | \$10.00 |
| <input type="checkbox"/> Student VATA Member  | 15.00      |  |         |
| <input type="checkbox"/> Student Non-Member   | 20.00      |  |         |
| <input type="checkbox"/> Speaker              | Fee waived |  |         |

Registration Fee \$ \_\_\_\_\_

Workshop Fee (if applicable) \$ \_\_\_\_\_

Total check amount: \$ \_\_\_\_\_

Make checks payable to: *Virginia Athletic Trainers' Association*  
Send this form and your registration fee to:  
Cheryl Staver  
Roanoke College – Bast Gymnasium  
Salem, VA 24153 Phone (540) 375-2033  
If a receipt is needed, please request one at check-in.

\*A complete conference program may be accessed on the VATA web page. The workshop listed below will be offered in addition to the main program. **ENROLLMENT IS LIMITED FOR THIS WORKSHOP AND PRE-REGISTRATION IS REQUIRED. MARK THE APPROPRIATE BOX ABOVE TO REGISTER.**

Friday, January 14<sup>th</sup> from 6:00-8:00pm:

Re-certification for AHA CPR for the Health Care Provider

There is an additional fee of \$10 for this workshop. This workshop will be limited to about 20 people, or as space and resources permit. Attendees do not need to hold certification in AED to attend. Please refer to the conference program for further clarification.



# THE WILLIAMSBURG HOSPITALITY HOUSE



Telephone (757) 229-4020 Fax (757) 229-0731

The Williamsburg Hospitality House is pleased to have been chosen for your upcoming visit. Our staff looks forward to serving you. For your convenience, please find below, directions to *THE WILLIAMSBURG HOSPITALITY HOUSE*:

**Directions from Richmond**

Take Interstate 64 East

**Directions from Newport News and Norfolk**

Take Interstate 64 West

*Then*

Take Exit 238 and follow signs to Colonial Williamsburg  
Turn right on 132 (**not 132Y**), Proceed straight through traffic light  
After crossing railroad tracks, go through the traffic light and take the next right on Scotland Street  
At Richmond Road, *THE HOSPITALITY HOUSE* will be on the right.

In making your reservation we request that you either (1) enclose a check or money order covering the first night's stay or (2) send us the entire number of your credit card. Deposits will be refunded only if cancellation notification is given more than seventy-two (72) hours prior to arrival.



**GROUP #6076**

## VIRGINIA ATHLETIC TRAINERS' ASSOCIATION

JANUARY 14<sup>TH</sup> & 15<sup>TH</sup>, 2005

\$69.00 SINGLE OR DOUBLE ACCOMMODATION

CUTOFF DATE: DECEMBER 12<sup>TH</sup>, 2004

Please note: The above special rates will be honored two days prior and two days after the reserved dates, based upon availability.

Name (print) \_\_\_\_\_ Phone # \_\_\_\_\_

If sharing room, please list roommates

\_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

For Arrival on \_\_\_\_\_ Departure on \_\_\_\_\_

Check or money order enclosed       Visa       Discover  
 American Express       Master Card       Diners Club      Amount \$ \_\_\_\_\_

I authorize the Williamsburg Hospitality House to charge my account for one night's deposit and all applicable taxes.

Credit Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Signature \_\_\_\_\_

**Check-in time is 3:00 PM. Check-out time is 11:00 am. Reservations requested beyond the cut-off date are subject to availability.**

**Please return this form to:**  
The Williamsburg Hospitality House  
415 Richmond Road Williamsburg, Virginia 23185  
Attention: Reservations Department or call (800) 932-9192