



# ATC *Chronicle*

Fall 2008

[www.vata.us](http://www.vata.us)

## Virginia

### Mark Your Calendar

January 16-18, 2009

#### VATA Annual Meeting & Symposium

Omni Hotel, Charlottesville

February 23, 2009

#### Capitol Hill Day

### About the VATA

The purpose of the VATA is to meet the following objectives:

- To advance, encourage, and improve of the athletic training profession, in all its phases.
- To encourage better working relationships among all persons interested in the health and well-being of athletes.
- To encourage the continued professional development of each of its members.
- To serve the common interest of its members by providing a free exchange of ideas within the profession.
- To promote athletic training programs throughout Virginia.

### This Issue

(Click on link below)

- [VATA Receives NATA Award](#)
- [A.S.M.A.R.T. Event](#)
- [Get Involved!](#)
- [NATA Awards and Honors](#)
- [Meeting & Symposium Agend](#)
- [Student Program](#)
- [Conference Registration](#)

### *Keeping Active Virginians Healthy*

## President's Message

On behalf of the VATA Executive Council, welcome to the Fall 2008 newsletter. In the past 6 months, many of us, and many of you, have been hard at work promoting our profession throughout the state as well as the nation. In this edition of the newsletter, we have great news and information to share with you about these efforts.

First, I would like to congratulate some award winners. Congratulations to the 2008 VATA scholarship recipients: Taylor Reidel (first place) and Brittany Barnes (second place). Special congratulations to Heather Murphy, the Public Relations Committee chair, and John Reynolds, PR Committee member and immediate past president of the VATA, for taking first place honors in the NATA's "March is Athletic Training Month" public relations contest. Also, a big "thank you" to all of you who participated in this contest, submitting your events and accomplishments to Heather so that she was able to submit a comprehensive description of the PR efforts in Virginia. The volume and scope of your PR efforts were the keys to this successful PR campaign. It was truly a group effort.

At the NATA meeting in St. Louis, several of our members were honored. The NATA Research and Education Foundation Inaugural Class of Fellows included three folks from Virginia: Brent Arnold, Jay Hertel, and Chris Ingersoll. Rose Schmieg and Bonnie Van Lunen received the Athletic Trainer Service Award. Scott Johnson, ATC (ODU) was the 2008 Assistant Athletic Trainer of Year for Division 1. Mary Cantu, MAATA Student Senate chair, was awarded the Bobby Gunn Leadership Award, which included a \$500 stipend to attend the NATA Annual Meeting. Congratulations to all of these deserving folks! These are fantastic honors.

Next, I would like to thank Steve Cole, John Knaul, John Reynolds, and John Burrell for coordinating and leading the S.M.A.R.T. workshop, held

*Continued...*

**REMINDER:** 2009 is a renewal year for your Virginia Athletic training license. Your renewal is due in the month of your birth. See the Virginia Board of Medicine page at [www.dhp.state.va.us/medicine/](http://www.dhp.state.va.us/medicine/) for more information.

## VATA Executive Council

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June 7<sup>th</sup> at Redskins Park. The Washington Redskins athletic training staff was amazingly accommodating and could not have been better hosts. The event was a great success, and we hope to collaborate with this group on future endeavors.

I am pleased to welcome some new people to various leadership roles in the VATA. D.C. Cobler of Emory & Henry College takes over as Region VI representative. Angela Mickle vacated that position when she was elected secretary in January. Jeff Boyer takes over as College/University Athletic Trainers Committee chair. Former CUATC chair Tom Kuster left this position when he was elected president-elect in January. Jeff has also appointed committee members from the six regions, so welcome to Elizabeth Codjoe, Matt Williams, John Kaltenborn, Sean Hanrahan, Tom Bowman, and Keith Doolan. Last but not least, Amanda Cartwright replaces Erin McNett as MAATA Student Senator. Amanda has some big shoes to fill, thanks to Erin's active leadership role in this group. Erin is the former MAATA Student Senate chair. Welcome, Amanda!

We also say goodbye to several individuals who have served the VATA well during their tenure. Alice Buchanan Scott has resigned as Region II representative. I would like to thank Alice for her enthusiasm and energy. She represented her constituents well and was an active, thoughtful participant on the EC. Best wishes, Alice! Also, best wishes to Kevin Arp, who recently stepped down from chairing the Secondary Schools Committee.

Planning for the Annual Meeting and Symposium is well under way, and the program is, once again this year, very strong. Thanks to Tom Kuster and Ian Rogol for their hard work on the program and the hotel arrangements, respectively. We are honored to be joined this year by NATA President Marje Albohm, who will deliver the keynote address as well as a lecture on leadership for the athletic training student attendees. I hope you will be as excited about the program as I am.

As I reflect on the first year of my presidency, and on the many conversations, workshops, and meetings I have attended on behalf of the VATA this year, I see that our organization is making great progress, and that we face a formidable challenge. This year we offered an additional continuing education opportunity (the S.M.A.R.T. workshop), launched a successful PR campaign, and enhanced our relationship with the Virginia High School League through sponsorship of the VHSL Spring Jamboree. Each of these activities is aligned with the Executive Council's mission, vision, and goals. Also, participation in the association is ever-increasing. The calls for volunteers to serve on the Executive Council and to serve on the various committees are getting fantastic response. All of this represents progress in the right direction.

The struggle that we now face is not lack of great ideas (research grants, expanded scholarships, more CEU opportunities, enhanced public relations

*Continued....*

## VATA Committee Chairs

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projects), nor is it lack of participation and support of the membership. The challenge is a financial one. It is becoming increasingly difficult to initiate new projects or expand our current activities. In a sense, we are hamstrung by a limited budget. The budget constraints can be attributed to two major annual expenses: the annual meeting and our lobbyist. We are taking steps in limiting both of these, but this will take time and careful planning. In the meantime, we continue to dip into our financial reserves, which we cannot continue to do in the long-term. So we will be making a few changes. You will notice that we have increased the Annual Meeting and Symposium registration fees, in an effort to limit the amount that the association underwrites the meeting. In addition, we are increasing our efforts to attract more sponsors. The Executive Council will continue to focus on this issue and seek out a solution. I am confident we will meet this challenge in a way that will ensure the financial health of the association while encouraging its continued growth and evolution.

I wish you all a safe and healthy late fall and early winter. I look forward to seeing you all in Charlottesville in January.

Be well,  
**Meg**

**Reminder: Case study presentations are still being accepted for the annual meeting until 12/1/08.**

## VATA Annual Meeting & Symposium

**January 16-18, 2009**

Please make plans now to attend the 2009 Virginia Athletic Trainers' Association Annual Meeting and Clinical Symposium, January 16-18, 2009, at the Omni Hotel in Charlottesville. Join us in beautiful downtown Charlottesville for a weekend full of quality educational programming and fellowship with friends and colleagues from across the state.

### Highlights of this year's program:

- Friday evening session on key general medical issues in athletic training
- Keynote address by NATA President Marjorie Albohm
- Expanded offering of clinical skill workshops on Saturday
- New: Current Concepts in Orthopedic Surgery session

So mark your calendars and plan to attend the VATA meeting! Finalized Agenda will be available and registration opens on *December 1, 2008*.

**See page 8 for details!**

## A S.M.A.R.T. Event

On Saturday, June 7<sup>th</sup>, the Virginia Athletic Trainers' Association (VATA) hosted the SMART Workshop at Redskin Park. Developed by Steve Cole, ATC and Dr. Mike Petrizzi, the SMART (Sideline Management And Response Techniques) Workshop offers a unique opportunity for professional collaboration between members of the sports medicine team as they practice many of the vital skills required to effectively evaluate and treat acute athletic injuries. Approximately 70 certified athletic trainers, orthopedists, family medicine physicians and athletic training students participated in the workshop and in spite of the heat, the program received rave reviews.



Right: John Knaul (L) and Dr. Tom Schuler (R) lead the spineboarding session.



Front Row: Steve Cole, College of Williams & Mary; Elliott Jermyn, Washington Redskins; John Burrell, Washington Redskins; Bubba Tyer, Washington Redskins  
Second Row: Meg Thompson, Longwood University; John Reynolds, George C. Marshall HS; name not available; Larry Hess, Washington Redskins; John Knaul, Washington Redskins

The VATA EC extends its thanks to all who help coordinate this event and make it a success:

- Curriculum developers Steve Cole and Mike Petrizzi
- Washington Redskins owner Daniel Synder, John Burrell, Bubba Tyer Elliott Jermyn, Larry Hess, and Eric Steward for their generous hospitality
- Commonwealth Orthopedics and Rehabilitation
- Course instructors Jon Almquist ATC, Chris Annunziata MD, Steve Cole ATC, Tom Howard MD, John Knaul ATC, David Novak MD, Kevin Sumida MD, Tom Schuler MD, and Brian Subach MD
- VATA President Meg Thompson and Past-President John Reynolds
- The athletic training students from George Mason University and Lynchburg College who served as models during the workshop

## VATA Receives NATA Award

The VATA took first place in the state organization category in NATA's "March is Athletic Training Month" Public Relations contest. Congratulations to Heather Murphy, VATA Public Relations Chair, and John Reynolds, former VATA president, for their hard work. Also thanks to Steve Winter of Brotman-Winter-Fried, the PR group who created the PR toolkit and assisted with many of the VATA's NATM efforts.



Heather Murphy, PR Committee Chair; John Reynolds, Past VATA President; and Meg Thompson, VATA President, accept NATA PR Award in St. Louis.

## Get Involved!

The VATA is currently seeking volunteers for the following positions:

- Chair, Secondary Schools Committee
  - attend fall and spring Executive Council meetings
  - attend VATA Annual Meeting and Symposium
  - work closely with liaison to the Virginia High School League Sports Medicine Advisory Committee
  - provide input to VATA Executive Council on issues pertaining to secondary school athletic trainers
  - serve on District III Secondary Schools Committee
- Regional Representative, Region II
  - Richmond/Central Virginia area, including Spotsylvania, Caroline, Hanover, King William, King and Queen, Essex, Richmond, Westmoreland, Henrico, New Kent, Charles City, Prince George, Chesterfield, Powhatan, Goochland, Northumberland, Lancaster, Middlesex, Matthews
  - attend fall and spring Executive Council meetings
  - assist with planning, organizing, and executing VATA Annual Meeting and Symposium
  - communicate with VATA members in Region II
  - provide input to VATA Executive Council on issues pertaining to athletic trainers in Region II
- Chair, Legislative Committee
  - attend fall and spring Executive Council meetings
  - attend VATA Annual Meeting and Symposium
  - serve as liaison to the Virginia Board of Medicine's Athletic Training Advisory Board
  - serve as liaison to VATA lobbyist
  - update VATA Executive Council on all legislative issues involving the Virginia General Assembly, via the lobbyist
  - update VATA Executive Council on all legislative issues involving the Virginia Department of Health Professions and the Board of Medicine

- Members, Legislative Committee
  - maintain active and timely communication with Legislative Committee chair in order to enhance productivity of the committee
  - actively participate in Legislative Committee activities
  - attend General Assembly sessions and committee meetings as necessary during the General Assembly sessions
  - assist in the organization of VATA members in response to pending regulatory actions
- Chair, Honors and Awards Program
  - initiate new program to recognize VATA members
    - Athletic Trainers of the Year
    - Athletic Training Students of the Year
    - Athletic Training Educator of the Year
    - VATA Hall of Fame
    - possibly others
  - work with VATA Executive Council to nominate VATA members for NATA Awards

Interested? Contact your regional representative or [Meg Thompson](#).

- Treasurer
  - attend all executive council and membership meetings in order to actively participate in leading and guiding the organization.
  - maintain records for checking and savings accounts, as well as Investment accounts.
  - prepare treasurer's reports for annual membership and semiannual executive council meetings.
  - prepare annual letters to the NATA Governmental Affairs requesting reimbursement for legislative efforts.
  - pay monthly lobbyists bills, and all other bills/debts that the VATA incurs.
  - prepare annual financial information and meet with accountant to prepare IRS tax return forms.
  - Conduct annual meeting registration duties.

Interested candidates should complete the [online application](#) process. Completed application materials should be submitted by December 1<sup>st</sup>. Candidate information will be emailed to the membership by Dec. 15<sup>th</sup>. Nominations will remain open until the Business Meeting on January 17<sup>th</sup>.

## NATA Awards and Honors

The National Athletic Trainers' Association has numerous awards programs that honor outstanding individuals in the field of athletic training.

### Award Winners

*Athletic Training Service Award Winners*

**Rose Schmieg**, Shenandoah University

**Bonnie Van Lunen**, Old Dominion University

*NATA Research And Education Foundation Fellows  
(Inaugural Class)*

**Brent Arnold**, Virginia Commonwealth University

**Jay Hertel**, University of Virginia

**Chris Ingersoll**, University of Virginia

*Bobby Gunn Leadership Award*

**Mary Cantu**, George Mason University

*2008 Assistant Athletic Trainer of Year for Division 1*

**Scott Johnson, ATC** (ODU)

The 2009 Honors and Awards nominations are now open and will be accepted until November 15, 2008. These nominations are for awards presented in June 2009.

## From the Chair of VATA CUATC

My name is Jeff Boyer and I'm the new VATA College/University Athletic Trainers' Committee chair. My goal as chair of this committee is to inform you, as college/university athletic trainer's, what is happening within the VATA as well as nationally in relation to your job setting. This dissemination of information is my main goal as chair of this committee. This information not only will be sent to you via email, but can also be found in the VATA newsletter as well as on the [VATA website](#), as soon as that portion of the website is constructed. Please feel free to contact me or any member of this committee (names and contact information available on the VATA website) with questions, concerns, or suggestions. We are here to be your voice regarding state, district, or national issues pertaining to us as college/university athletic trainers.

## Scholarship Committee

Congratulations to the 2008 VATA Scholarship Winners!

### \$1000 FIRST PLACE

Taylor Riedel

Mountain View HS

Stafford, VA

Sponsor: Chad Cooke, ATC



### \$500 RUNNER UP

Brittany Bobbitt

Stonewall Jackson HS

Manassas, VA

Sponsor: Theresa Dean, ATC

Photo not available

## VATA Welcomes.....

**D.C. Cobler** has been selected as Region 6 (Southwest Virginia) Representative. D.C. is the ATEP program director at Emory & Henry College.

**Jeff Boyer** has been named College/University Athletic Trainers' Committee chair. Jeff is an assistant athletic trainer at the University of Virginia.

**Amanda Cartwright** has been named MAATA Student Senator from Virginia. Amanda is a junior at Longwood University.

## SMAC Needs Your Help

The Virginia High School League's Sports Medicine Advisory Committee (SMAC) is looking to increase the number of ATCs participating on the committee. In particular, the SMAC would like to ensure there is appropriate representation across all levels (A, AA, AAA) and regions of the state. If you are interested in serving in an advisory capacity, please contact [John Reynolds](#), VATA liaison to the SMAC.

## NATA Leadership Development Programs

### ***iLead Conference, February 21-23, 2009***

This will be a fun, interactive program – one where students participate in sessions and, as a result of active involvement, develop important leadership skills. This program, which is held in conjunction with the 2009 Hill Day Campaign and the Athletic Training Educator's Conference, will also prepare students for future participation in NATA's StarTRACK program. Another important goal is to get students engaged in the legislative process. iLead participants will be included in NATA Capitol Hill Day.

Each state is allowed to nominate 3 participants for the iLead conference. The VATA has chosen Mary Cantu and Amanda Cartwright, the current MAATA student senators from Virginia, to represent Virginia at iLead. The third student is being chosen using an application process. Applications are currently being reviewed by the VATA Executive Council.

### **StarTRACK**

StarTRACK is a program of self-study for athletic trainers wishing to create, improve, or refine their leadership skills. The program is intended to assist members who wish to serve the profession as a volunteer leader at the state, district, or national level of their professional association, the skills and knowledge gained from this program will benefit athletic trainers in all aspects of their life. The StarTRACK curriculum is self-paced and largely self-study. Participants are expected to complete the curriculum within 2 years.

VATA has selected Tom Bowman, MS, ATC, of Lynchburg College, to participate in StarTRACKS. Tom is in his fourth year as an assistant professor of athletic training and a staff athletic trainer at Lynchburg College. He is pursuing his PhD in Higher Education at the University of Virginia, where he also received his Masters of Science degree.

*Call for Teams to Register for  
2<sup>nd</sup> Annual Quiz Bowl*

Registration deadline is December 1<sup>st</sup>

Three-person teams

One team per CAATE-accredited education program

Contact [Meg Thompson](#) to register.

## Student Corner

Abstracts are currently being accepted for the VATA student symposium. Contact your program director or Ms. Barbara Long for the abstract form. All abstracts must be submitted in Microsoft word format and must be endorsed by an athletic training faculty member. Deadlines for applications are November 21, 2008.

### VATA Annual Meeting & Symposium Student Program Saturday, January 17, 2009

8:45-9:30	Leadership Roundtable with VATA Past Presidents
9:35-10:30	VATA Keynote Address Marje Albohm, NATA President
11-12:30	VATA Business Meeting Meg Thompson, VATA President
12:30-1:30	VATA LUNCH with Vendors/Exhibitors
1:30-4:30	VATA Student Presentations Moderator: Barbara Long, Bridgewater College
4:45-5:15	Presentation "Leadership Skills...the Key to Success" Marje Albohm, NATA President
6:00-7:00	2 <sup>nd</sup> Annual Athletic Training Student Quiz Bowl

## 2009 Athletic Training Educators' Conference

[Registration and housing are now open](#) for the [2009 Athletic Training Educators' Conference and other events](#) scheduled for February 2009 in Washington, DC.

Events include:

- Educators' Conference
- Student Leadership Conference [iLead]
- Clinical Instructor Educator Seminar
- NATAPAC Fundraiser
- Capitol Hill Day

## VATA Annual Meeting & Symposium

*Tentative*

January 16-18 2009  
Omni Hotel Charlottesville, VA

Registration Times:

Friday 4:00-7:00 PM

Saturday 7:30-10:00 AM & 1:00-3:00 PM

Anticipated Number of CEUs = 12

### Friday, January 16<sup>th</sup>

- |           |   |
|-----------|---|
| 1:00-3:00 | Executive Council Meeting   |
| 4:00-6:00 | CPR Workshop (additional fee and registration required)<br>Emily Evans, Lynchburg College |
| 5:00-8:30 | Exhibit Hall  |

#### Opening Session- General Medical Concerns in Athletic Training

- |      |   |
|------|---|
| 6:00 | Welcome<br>Meg Thompson, VATA President   |
| 6:15 | Cardiac Issues in Athletics- Are Our Current Practices Enough?<br>Dr. Kent Diduch, James Madison University |
| 6:45 | NSAIDS To Use or Not to Use?<br>TBA   |
| 7:15 | Influenza in Athletes<br>Dr. Doug Gregory, Lakeview Medical Center  |
| 7:45 | Q/A   |

### Saturday, January 17<sup>th</sup>

#### General Session I - Disordered Eating Issues in Athletics

- |           |  |
|-----------|--|
| 8-8:30am  | Disordered Eating...Early Recognition and Physical Manifestations<br>Dr. Katherine Dec, Chippenham-Johnston Willis Sports Medicine |
| 8:30-9:00 | The Team Approach to a Disordered Eating Response<br>Heather Murphy, Thomas Jefferson High School                                  |
| 9:00-9:20 | Roundtable Discussion<br>Dr. Katherine Dec, Heather Murphy, others TBD   |

#### General Session II

- |            |   |
|------------|---|
| 9:35-10:30 | <b>Keynote Address</b><br>Marjorie Albhom, NATA President |
|------------|---|

#### **BREAK-VISIT EXHIBIT HALL**

- |            |   |
|------------|---|
| 11-12:30   | VATA Business Meeting<br>Meg Thompson, VATA President |
| 12:30-1:30 | <b>Complimentary Lunch in Exhibit Hall</b>            |

*VATA Annual Meeting & Symposium ...continued*

**Concurrent Session I-Current Concepts in Orthopaedic Sports Medicine**

**Room A**

**Current Concepts of the Knee-Dr. Mark Miller- UVA Dept of Orthopaedic Surgery**

1:30-1:50 Current Controversies and Treatment Strategies for Articular Cartilage/  
Meniscal Tears and Return to Play Decisions

1:50-2:10 PCL and Posterior Lateral Corner Injuries: Recognition and Treatments

**Current Concepts of the Elbow, Wrist, Hand-Dr. Bobby Chhabra- UVA Dept of Orthopaedic Surgery**

2:10-2:30 Valgus Extension Overload and Posterior Impingement in Throwers

2:30-2:50 TFCC and Distal Radio-Ulnar Joint (DRUJ) Instability

2:50-3:00 Q/A

**Room B**

**Concurrent Session II**

1:30-2:00 Developmental Approach to Resistive Exercise Program Design  
Mike Krackow, Jefferson School of Health Sciences

2:00-2:30 **TBA**

2:30-3:00 Athletic Hernia - Overview & Comparison of Two Surgical Techniques  
Jerry Weniger, UVA Dept of Orthopaedic Surgery

**Room C**

**Concurrent Session III**

1:30-2:00 When does gender matter? How maturation relates to ACL injury  
Kate Jackson, The University of Virginia

2:00-2:30 Teaching Sports Medicine in the High Schools: Using VA's Career and Technical  
Education Standards  
Sara Whiteside, Orange County High School

2:30-3:00 Appropriate Medical Care for the Secondary School-Aged Athlete  
Jon Almquist and John Reynolds, Fairfax County Public Schools

3:15-4:00 **Workshop Session I**

**Room B**

Neuromuscular Massage Therapy in Athletic Training  
Emily Evans, Lynchburg College and Sean Terry

**Room C**

Considering the intrinsic foot musculature in evaluation and treatment of  
lower extremity injuries  
Lindsay Drewes, The University of Virginia

**Room D**

TBA

4:10-4:55 **Workshop Session II**

**Room B**

TBA

**Room C**

Practical Uses of Joint Mobilization Techniques in Athletic Training  
Barbara Long and Eric Newton, Bridgewater College

*VATA Annual Meeting & Symposium ...continued*

**Room D**

Kinesiotaping: Theory and Applications

Martha Godfrey, Portsmouth Orthopaedic Associates

5:00-6:00

**Special Interest Group Roundtables**

Secondary School Athletic Trainers

-Athletic Training Educators

-College/University Athletic Trainers

-Clinical and Emerging Practices

6:00

2<sup>nd</sup> Annual Athletic Training Student Quiz Bowl

## Sunday, January 18<sup>th</sup>

### Concurrent Lecture Session IV

9:00-9:30

Incorporating Evidence Based Practices into Your Clinical Practice

Brian Pietrosimone, The University of Virginia

9:30-10:00

Clinical and Research Uses of Ultrasound Imaging

Noelle Selkow, The University of Virginia

10:00-10:30

TBA

### Concurrent Lecture Session V—Concussion Management in Athletics

9:00-9:45

Concussion Management On the Field and Return to Play Decisions: A new approach

TBA

9:45-10:30

TBA

### Clinical Case Presentations

9:00-10:30

TBA

## Virginia *ATChronicle*

is a publication of the  
*Virginia Athletic Trainers' Association.*

If you have questions regarding this publication,  
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# VATA Annual Meeting Conference Registration

The Omni Hotel and Conference Center

Charlottesville, VA ~ January 16-18, 2009

**\*\*EARLY REGISTRATION DEADLINE JANUARY 9<sup>TH</sup>**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Affiliation: \_\_\_\_\_

Work Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

NATA Membership #: \_\_\_\_\_ VA License #: \_\_\_\_\_

Home phone: ( ) \_\_\_\_\_ Work phone: ( ) \_\_\_\_\_

Registration Times

Fri, January 16: 4:00 – 7:00 pm Sat, January 17: 7:30 – 10:00 am & 1:30 – 3:00

Registration Fee (Place X in appropriate box)

<b>VATA Member</b>		
	Certified	50.00
	Non-certified (other than student)	50.00
	Student	25.00
<b>Non-VATA Member</b>		
	Certified*	80.00
	Student*	25.00
	<b>Speaker</b>	<b>Fee waived</b>
<b>If registration received after 1/9/08</b>		
	<b>VATA member</b>	
	Certified	75.00
	Non-certified (other than student)	75.00
	Student	30.00
	<b>Non-VATA Member</b>	
	Certified*	105.00
	Student*	30.00

	<b>Re-certification—AHA CPR for the Health Care Provider**</b>	<b>\$10.00</b>
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\*\*ENROLLMENT IS LIMITED to 10 PARTICIPANTS.

\*\*PRE-REGISTRATION IS REQUIRED.

\*\*Refer to the conference program for time/location.

\*\*The instructor reserves the right to cancel the class if enrollment is less than five.

\* Includes 2009 VATA membership fee

Registration Fee \$ \_\_\_\_\_

CPR-AED Re-cert Fee \$ \_\_\_\_\_ (if applicable)

Total Amount \$ \_\_\_\_\_

I agree to allow the VATA to share my contact information with the vendors in attendance

Please DO NOT share my contact information with the vendors in attendance

Make checks payable to: **Virginia Athletic Trainers' Association**

Send this form and registration fee to:

Alan Freedman  
Virginia Commonwealth University  
Department of Health and Human Performance  
1015 West Main Street  
PO Box 842020  
Richmond, VA 23284-2020



Refunds requests prior to January 4 are eligible for 100% reimbursement. After January 4, all refund requests will only be eligible for 50% reimbursement.